

# PHOTODYNAMIC THERAPY (PDT)

This new technology is finding a lot of uses. A chemical called Levulan is applied to the skin and allowed to be absorbed for about 30 minutes. Then the skin (usually the face) is exposed to intense pulse light (IPL, photofacial). The Levulan, which has attached to sebaceous glands, precancerous growths and other abnormalities of the skin, absorbs the light and inactivates or destroys the targeted cells.

Levulan and photofacial (PDT) can treat acne, photodamage, actinic keratoses, sebaceous hyperplasia, pigmentary problems, redness, and wrinkles. It is recommended that the patient receive three to four treatments at monthly intervals.